

**Welcome Baby:** \_\_\_\_\_

*Born on* \_\_\_\_\_ *at* \_\_\_\_\_ *Weight:* \_\_\_\_\_

# Alone Back Crib

## Place Me Flat On My Back to Sleep

\_\_\_\_\_

My crib is my safe sleep space.

\_\_\_\_\_

Please keep my crib free of loose items.

\_\_\_\_\_

My crib is just for me.

\_\_\_\_\_

**Visit us online at [PASafeSleep.org](https://www.PASafeSleep.org)**





Welcome Baby: \_\_\_\_\_

Born on \_\_\_\_\_ at \_\_\_\_\_ Weight: \_\_\_\_\_

I have a medical exception to some of the safe sleep recommendations, but please do not place any fluffy blankets or other items in my crib. The head of my crib should always be flat.

Check all that apply...

<b>My sleep position is...</b>	<input type="checkbox"/> On my Back. <input type="checkbox"/> On my Side. <input type="checkbox"/> On my Tummy.
<b>Positioning aids?</b>	<input type="checkbox"/> No. Please keep my crib free of clutter. <input type="checkbox"/> Yes. I need a little help.