



PA Safe Sleep Environmental Audit Tool

Unit (circle one) Postpartum, NICU, Other
RN Initials: _____ **Room No.** _____

Date: _____ (mm/dd/yyyy) **Military Time:** _____

Position of Mother: Select One (N/A NICU)

- 1 = in bed
- 2 = In chair
- 3 = Ambulating

Activity of Mother: Select One (N/A NICU)

- 1 = Holding infant
- 2 = Breastfeeding infant
- 3 = Changing infant
- 4 = Sleeping
- 5 = Side lying with infant in bed

Deviations in Mother Safe Sleep Practices: Check all the Apply (N/A NICU)

- 0 = No unsafe circumstances noted
- 1 = Mother sleepy holding infant
- 2 = Mother asleep holding infant
- 3 = Mother asleep side-lying with infant

Corrective Actions for Mother: Indicate all that Apply in Priority Order

- ___ 1 = Alert Mother of unsafe circumstance
- ___ 2 = Protect baby
- ___ 3 = Reinforce teaching about safe sleep practices

Infant Position: Select One

- 1 = Mother's arms
- 2 = Supine and midline in crib
- 3 = Family member's arms
- 4 = Supine and not midline in crib
- 5 = Lying on stomach in crib
- 6 = Laying in Mother's bed
- 7 = Lying on side in crib
- 8 = Sitting device or swing

Activity of Infant: Select One

- 1 = Sleeping
- 2 = Awake
- 3 = Feeding
- 4 = Crying

In Infant Sleep Sack:

- 0 = No
- 1 = Yes

If No, Was One Available for Use?

- 0 = No
- 1 = Yes

Swaddled in Blanket

- 0 = Not swaddled
- 1 = Swaddled using a blanket with face/head and neck exposed
- 2 = Swaddled with blanket with face/head and/or neck covered
- 3 = Swaddled with blanket *too tightly or restrictive (*Defined as unable to fit 2-3 fingers in the swaddle)

Head of Bed Flat

- 0 = No
- 1 = Yes

If No, Is There a Medical Indication with an Order?

- 0 = No
- 1 = Yes

Deviations in Infant Safe Sleep Practices: Check all that Apply

- 0 = No unsafe circumstances noted
- 1 = Infant in unsafe sleep position
- 2 = Crib contains unsafe items:

If checked, indicate all items noted:

- Diapers
- Diaper wipes container
- Clothing
- Pillow
- Stuffed animals or other toys
- Burp cloths
- Extra loose blankets
- Medical items such as suction bulb not in use
- Positioning devices
- Other observations:

- 3 = Infant is covered with a blanket
- 4 = Infant is swaddled with blanket with face/head and/or neck covered and/or *too tightly or restrictive

Corrective Actions for Infant and Environment: Indicate all that Apply in Priority Order

- ___ 0 = No corrective Actions
- ___ 1 = Reposition infant for safe sleep
- ___ 2 = Remove all clutter in crib
- ___ 3 = Adjust head of bed in flat position
- ___ 4 = Reapply blanket swaddle appropriately
- ___ 5 = Reinforce safe sleep practices with Mother and/or family members
- ___ 6 = Provide feedback to patient's primary nurse

Comments: Please write in any additional comments about unsafe sleep practices and corrective actions performed for Mother, Baby, the family or environment.
