



PA Safe Sleep Program Progress You Made by Completing this Module

The following questions relate to the amount of progress that you made as a result of completing this module training. Please refer to the following scale and select the number that corresponds to the level of progress you believe you made. **PLEASE ANSWER ALL ITEMS.**

1 = None: No noticeable progress was made in this course
2 = Slight: I made little progress in this course
3 = Moderate: I made some progress in this course
4 = Substantial: I made a lot of progress in this course
5 = Exceptional: I made substantial progress in this course

| | None | Slight | Moderate | Substantial | Exceptional |
|---|------|--------|----------|-------------|-------------|
| 1. Acquiring factual knowledge about sleep-related deaths in infants | 1 | 2 | 3 | 4 | 5 |
| 2. Understanding environmental risks sleep-related deaths in infants | 1 | 2 | 3 | 4 | 5 |
| 3. Expanding my knowledge of research on sleep-related deaths in infants | 1 | 2 | 3 | 4 | 5 |
| 4. Being more proactive in surveillance of safe sleep environments | 1 | 2 | 3 | 4 | 5 |
| 5. Learning how to independently access and utilize resources to support safe sleep practices | 1 | 2 | 3 | 4 | 5 |
| 6. Being more confident in applying evidence-based guidelines for safe sleep in clinical care | 1 | 2 | 3 | 4 | 5 |
| 7. Being more confident in utilizing instructional methods for Parents and family members to promote safe sleep practices and environments. | 1 | 2 | 3 | 4 | 5 |
| 8. Taking corrective actions to promote safe sleep environments for infants | 1 | 2 | 3 | 4 | 5 |