



**Philadelphia Safe Sleep Awareness For Every Well Newborn (S.A.F.E.) Program
One Month Telephone or Email Follow Up**

Script: Hello, My name is _____ and I am a nurse at _____ where you recently birthed your baby. I was wondering if I could have a few minutes of your time to ask your opinion about our NEW Safe Sleep teaching information that you received during your recent birth. Your opinion is important to us.

Today's Date: _____ ; **Approximate Age of Baby in Weeks:** _____

Mother's Race: ___ White; ___ Black or African American; ___ Asian;
___ Native Hawaiian or Other Pacific Islander; ___ American Indian or Alaska Native;
___ Other; ___ Unknown

Mother's Ethnicity: Hispanic or Latino ___ YES or ___ NO

Mother's Highest Level Education Level:

___ Some High School; ___ High School; ___ Some College; ___ Associate Degree;
___ Bachelor Degree; ___ Master's Degree; ___ Doctoral Degree

Hospital teaching	Not at all	Somewhat	Mostly	Very Much
1. How helpful was the teaching you received about keeping your baby safe while sleeping?				
2. How helpful were the posters hanging in your room as a reminder to keep your baby safe during sleep?				
3. How prepared did you feel about placing your baby alone, on his/her back, and in a crib or other safe place to sleep when you left the hospital?				
4. How prepared did you feel about dressing your baby for safe sleep when you left the hospital?				
At Home Practices				
Safe Sleep Practices				
5. Where do your usually feed your baby at night? Please select one. Other _____	Chair	Recliner	Sofa	Bed
6. Over the past two weeks, how often would you say that you fell asleep when feeding your baby?	Never	Only Sometimes	A lot	
7. Over the past two weeks, how often would you say that your baby slept in bed with you?	Never	Only Sometimes	A lot	
8. Over the past two weeks, how often would you say that your baby needed a blanket when sleeping?	Never	Only Sometimes	A lot	
Teaching others about Safe Sleep				
9. Since you have been at home, how often have you been telling family and friends about safe sleep practices for your baby?	Never	Only Sometimes	A lot	

Additional Questions:

10. Have you used social media or an Internet website to get information about infant safe sleep.

Yes OR No

11. Is there anything you would like to share with us about what was helpful about learning about infant safe sleep?

12. Is there anything you would like to share with us about what we could do better to improve teaching about infant safe sleep?